# CANHOOD PUBLIC SCHOOL NEWSLETTER SUMMER 2025

#### Happy Summer Everyone!

As we wrap up another incredible school year, we want to take a moment to say how proud we are of all our students for working hard and meeting their learning goals. Way to go, everyone—your dedication and growth have truly shone through!

What a joyful end to the year it's been! The Kindergarten Graduation was a heartwarming and fun celebration, and our Grade 12 Graduation was nothing short of spectacular. We also had the pleasure of recognizing many student accomplishments at our Student Success Awards—such a great way to celebrate our learners' achievements.

We send our heartfelt best wishes to Mrs. Howat on her well-deserved retirement. Thank you for your years of care and commitment. Best wishes also go to Mr. Aiken as he begins a new teaching journey in Alberta—congratulations on your upcoming wedding as well! We would also like to wish our social worker - Miss Allyssa - all the best in her full-time placement at another school in the fall. We appreciate all of her care and support these past couple of years. Amber Prang, our half-time caretaker will be the full time caretaker at T.D. Michel in the fall. We want to thank her for all her hard work. Lastly, a big thank you to our generous community for the many donations made to support our Summer Youth Program. Your kindness ensures our youth can enjoy a fun-filled and active summer.

Wishing all of our students, families, and staff a safe, restful, and sunny summer break. See you in the fall! Principal - Mrs. Sylvia Delisle

# Fall Registration



Any students who did not attend Canwood School this year and will be joining us in the fall need to submit a 2025-2026 registration form so that they are added to our student list before the first day of school. The registration form can be found on our school website cw.srsd119.ca.

> Anyone interested in enrolling their child in the PreK or Kindergarten programs for the 2025-2026 school year can submit the registration forms on the Canwood School website.





Any NEW students needing the school bus this fall must be registered. It only takes 2 to 3 minutes and is very easy to do! Returning students do not need to register every year, but a student must be reregistered if their information (such as school, address or contact info) is changing. If you are not sure if you already have registered, please give us a call at the number below or simply register again. Doing so now will ensure your child is placed on the proper bus for the first day of school. Not registering on time could delay having your child assigned a bus several days into the school year. Simply type "Sask Rivers School Division" or "SRSD119" in a search engine (we recommend Google). Scrolling down you should find the "Transportation" section with some helpful tools like a bus notification set up and, of course, the "School Busing Request Form". If you have any questions please contact the Transportation Department at 306 763-2323. Thank you, Ryan Bruce, Manager of Transportation

# **Grade 12 Graduation**

On June 20th the gym was decorated in black, white and silver to celebrate this year's graduates. Our 2025 graduates are Lela Arcand, Nevaya Arcand, Jacob Bates-Wojcichowsky, Jenaya Bischler, Ava Eberts, Ebe Johnson, Nickolas Moritz, Tora Olson, Jorja Robertson, Jacklyn Sten and Elyse Whiteside.

The MC for this year's ceremony was Mrs. Kori Sansom. The history and prophecy was given by Elyse Whiteside and Jacklyn Sten. The graduates selected Ms. Hannah McJannet as their guest speaker and she shared some fond memories and well wishes for the graduates future. Other well wishers included Mrs. Cher Bloom (SRSD Board Trustee), Mrs. Kelly Gerhardt (Superintendent of Schools), and Mrs. Sylvia Delisle (Principal). Mrs. Lisa Howat did the land acknowledgement and shared some special memories with the graduates as they were her first Kindergarten class. The Valedictorian for this year's class was Ebe Johnson. Ava Eberts offered thanks to the guests on behalf of the graduating class.

The presentation of awards and the PAATA scholarship was conducted by Mrs. Kori Sansom and Mrs. Sylvia Delisle. The Carlson Memorial Scholarship was presented by Mrs. Lorraine Benson. Subject Awards: ELA A 30, ELA B 30, Math Pre-Calc 30, History 30, and Prix de Francais – Ebe Johnson; Chemistry 30, Biology 30 and Psychology 30 – Ebe Johnson & Jacklyn Sten; Math Foundations 30 – Jacklyn Sten; Physics 30 – Ebe Johnson, Jacklyn Sten and Elyse Whiteside; Math Workplace 30 and PAA Construction and Carpentry – Ava Eberts; PE 30 – Jacklyn Sten & Jacob-Bates Wojcichowsky; Certificates 30 – Jacob Bates-Wojcichowsky; PAA Commercial Cooking - Jorja Robertson. Most Improved Student – Jenaya Bischler. Congeniality – Ebe Johnson. Student of the Year – Jacklyn Sten. Governor General's Medal – Ebe Johnson. PAATA Scholarship – Ava Eberts. Carlson Memorial Scholarship – Elyse Whiteside and Jacklyn Sten.

Following the ceremonies, the graduates held a banquet in the gym. A big thank you to Lamplight Caterers for catering a delicious meal. MC of the banquet was Mrs. Kori Sansom and grace said by Mrs. Amy Johnson. Toasts were given by Ebe Johnson, Jacklyn Sten and Elyse Whiteside with replies from Mr. Greg Duval on behalf of the staff and Ms. Meagan Whiteside on behalf of parents.

It was a wonderful evening to celebrate the graduates, we thank all our special guests and community members who came to help us acknowledge the hard word and dedication of our graduating class. A huge thank you to everyone who helped us to prepare and decorate for Grad.

Grad Coordinator - Mrs. Kori Sansom



# **Kindergarten Graduation**

On Wednesday June 18th, family and friends gathered to celebrate 6 Canwood Public School Kindergarten graduates. The graduates entered the room in their grad hats complete with "grad 2025" tassels. Graduates were introduced and then they entertained the audience with two songs and a two recitations. During the program Mr. Schwehr read a few kind words about each graduate and shared 3 things about each graduate that their classmates like about them. Diplomas were handed out by Mrs. Delisle and the afternoon wrapped up with visiting and freezies for the kids.

Kindergarten Graduates: Winter Benolirao, Jayden Caudle, Hemi Masuskapoe, Jake Nordby, Cash Person, Callum Wyatt.



## **Thank You**

Thank you to Gordon Olson for hauling the recycling to Blaine Lake Sarcan after the Grade 12 graduating class bottle drive fundraiser.

> nuch npreciated



# **SYP Sponsorship**

We want to send our appreciation to these businesses, clubs and individuals for supporting our Summer Youth Program with their generous donations.

Thank you to:

Canwood Senior Citizens - \$500 Canwood Royal Purple Elks - \$250 Canwood Elks - \$1000 Affinity Credit Union - \$7000 Anonymous Donation - \$500 Cargill - \$1000





## **Celebration of Student's Success**

On Monday June 23rd we had our Celebration of Student's Success. The assembly began with a video of photos and memories from throughout the year made by Mrs. Dyan Nordquist. There was a presentation of sports awards from Mr. Devon Thorpe to Kovie Nordquist for the Basketball Rising Star award from his time with the Shellbrook/Canwood basketball team. Mr. Keanan Tibbs presented the banner for the Provincial Badminton Winners. Mrs. Vanessa Balicki highlighted to the school the Windscript Magazine that has published a short story by Ebe Johnson. This was followed by the Grade 1-11 awards, and then volunteering awards for the Canteen workers and the SLC. Ebe Johnson announced this year's interhouse winner – Congratulations Pallas! Finally the elementary choir sang two songs to finish the assembly: Try Everything from Zootopia, dedicated to the graduating class, and finally Everyone Is A Flower. Thanks to all who came out to celebrate our wonderful students! - Mrs. Kori Sansom

#### Grade 1:

Aubree Aiken – Pencil Keeper Award Bodin Bahnuick - Avid Reader Award Emma Balicki - Future Teacher Award Ryleigh Carlson - Handwriting Award Easton Hansen - Leaps and Bounds Award Maisyn Lajeunesse - Enthusiastic Learner Award Sawyer Person - Super Speller Award Branson Rivard - Morning Meeting Award

#### Grade 2:

Beau Bedard - Reading Rockstar Award Westin Buckingham – Math Achievement Award Becka Gjerde – Outstanding Organization Award Junior Lariviere – Good Friend Award Eowyn Millar – Creative Writing Award Rohnan Wyatt – Super Scientist Award

#### Grade 3/4:

	Lincoln Hamborg - Logical Luminary
Brynlee Aiken - Social Butterfly	Rhonwen Johnson - Creativity Genius
Lachlan Bodnarchuk - Masterful Maker	,
Tanner Ermine - Quiet Courtesy	Ashton Lajeunesse - Kind-Hearted Crusader
	Max Lariviere - Musical Maverick
Paris Olson - Remarkable Rise	Kira McInnis - Artistic Ace
Hudson Schutte - Quiet Leader	Elizabeth Peters - Creativity Connoisseur
Anders Schwehr - Walking Encyclopedia	<sup>1</sup>
Bria Benson - Outstanding Citizen	Leif Nordquist - Future Leader
Cohen Green - Tech Wizard	Miko Sico - The Brain Boss

#### Grade 5:

Outstanding Achievement - Londyn Bodnarchuk Congeniality - Kendyl Dionne School Spirit – Londyn Bodnarchuk Grade 6: Outstanding Achievement - Falyn Charbonneau, Lukas Hegland, Aili Johnson, Axel Johnson, Kloe Benson, Bree Isbister Congeniality – Falyn Charbonneau, Kloe Benson School Spirit - Aili Johnson, Bree Isbister Grade 7: Outstanding Achievement – Athena Amistad, Reese Hamborg, Maren Hansen, Leland Hegland, Ava Little Congeniality - Leland Hegland School Spirit - Athena Amistad Grade 8: Outstanding Achievement – Brayzn Benson, Madalynn Buckingham, Elisha Johnson, Chloe Millar, Nica Villegas Congeniality - Nica Villegas School Spirit - Elisha Johnson Grade 9: Outstanding Achievement – Rebecca Schutte, Jocelyn Lajeunesse, Nico Villegas Congeniality - Nico Villegas School Spirit – Kovie Nordquist

#### Grade 10:

Outstanding Achievement – Taiden Wrench, Tye Vaughan, Sadie Schutte, Nolan Peters

Congeniality - Tye Vaughan

School Spirit – Brooke Nordquist

## Grade 11:

Outstanding Achievement – Nicholas Ahenakew-Quessy, Cailyn Isbister

Congeniality – Nicholas Ahenakew-Quessy

School Spirit – Chelsea Holmes

Canteen: Kaden Benson, Tye Vaughan, Kovie Nordquist

SLC: Ebe Johnson, Jacklyn Sten, Elyse Whiteside, Kaden Benson, Tye Vaughan, Becky Millar, Brooke Nordquist,

Sadie Schutte, Aubrey Hansen

# **Track & Field**

June 2nd, 3rd, and 4th, athletes from Canwood School traveled to Prince Albert to participate in the P4A Track & Field meet. Representing our school with pride, students gave it their all in a variety of events, showcasing their hard work, sportsmanship, and determination. It was a great few days of competition, personal bests, and school spirit. Congratulations to all our athletes for their outstanding effort and for representing Canwood so well! Congratulations to these students who placed in their events:

Bree Isbister placed 3rd in Girls 11 Triple Jump. Leeland Schutte placed 4th in Boys 10 Ball Throw. Ryder Vaughan placed 5th in Boys 13 80 Yard Dash. Kai Nordquist placed 4th in Boys 11 Ball Throw. Axel Johnson placed 2nd in Boys 11 High Jump. Chloe Millar placed 3rd in Girls 13 Triple Jump. Aksel Nordquist placed 4th in Boys 13 Shot Put. Athena Amistad placed 4th in Girls 12 Long Jump.

Coach - Mr. Keanan Tibbs

Canwood School had 5 athletes qualify for the Provincial Track and Field Championships held in Moose Jaw, June 6th and 7th. It was a mix of weather as Friday was hot and sunny, while Saturday was a tad chilly with 70 km winds. Nevertheless, our athletes competed in their events and did so with grace and athleticism, despite not medaling. A huge congratulations goes out to the following athletes: Kovie Nordquist in 800m, high jump and 4x100m relay; Jacklyn Sten in shot put, Sadie Schutte in javelin and Taiden Wrench in 100m dash and 4 x 100m relay.

Coaches - Mr. Greg Duval & Mr. Ryan Aiken











# **SLC News**

We would like to thank and congratulate the 2024-2025 Student Leadership Council members on a fantastic year! The SLC organized some great events this year such as the Christmas banquet, winter festival, fun day, pep rallies, and spirit weeks. Your leadership, organization, and dedication made this year a success! As we say goodbye to some of our senior members who are graduating this year, we would like to welcome next year's SLC group for the 2025-2026 school year:

Tye Vaughan- President Brooke Nordquist- Vice President Rakel Olson & Aubrey Hansen- Events Coordinators Kaden Benson- Canteen Coordinator Robyn Dionne- Secretary Becky Millar- Executive Sadie Schutte- Executive Jocelyn Lajeunesse- Executive Rebecca Schutte- Executive Nico Villegas- Executive Kovie Nordquist- Executive Madalynn Buckingham- Executive

We are looking forward to seeing what this new group will organize and create next year! SLC Advisors - Mrs. Vanessa Balicki, Mrs. Dyan Nordquist, Mrs. Kori Sansom, Mrs. Courtney Hansen

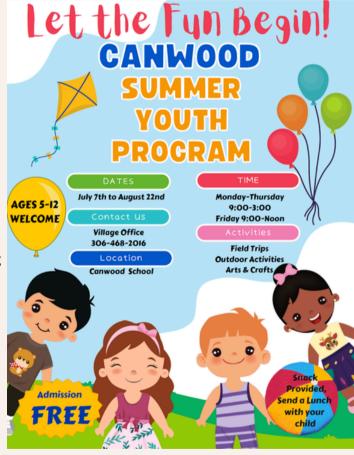
# **Community Events**

SUMMER HOURS AT THE CANWOOD LIBRARY effective July 2. TUESDAY 9:30-4:00 and WEDNESDAY 9:30-4:00 KIDS, Come on in to find out more about our: SUMMER READING PROGRAM - lots of prizes to be won throughout Wapiti if you sign up and READ! NOTICE NATURE: colorful information pamphlets to educate us about Saskatchewan's wildlife. Register for the program and get a participation prize! We will be partnering with the Summer Youth Program again to

provide some special programming:

Lucille Scott will be joining us and sharing her considerable talent of drawing, painting and illustrating books. Come have some fun learning different techniques. Sponsored by SIGA and Affinity Credit Union. Wapiti's summer student Raelyn will be visiting a couple of times as well. She's bringing out the Virtual Reality Headsets to give us a "technological" experience. Should be awesome!

Keep dropping by the Library to find out what other fun summer activities are in store for you, and to TAKE OUT A BOOK AND READ. See you at the Library! It's a "cool" place to be this summer. Librarian - Mrs. Bev Wyatt



Vacation Bible School will be July 28, 29, 30 & 31 at the Shellbrook Pentecostal Church. It will be half days from 9-Noon with registration starting at 8:30 a.m.. Food will be provided in the morning but no dinner as the kids will be done at noon. A school bus will be going from the Canwood skating rink and leaving approximately at 8:15 a.m. and returning around 12:30 p.m..

We would greatly appreciate if you could pre-register by July 21 to either Donna Lovberg 306-468-7040 or Sandra Boyle 306-468-4421. Please let us know if they will be riding on the bus. Everyone is welcome!

Canwood Public School Phone: 306-468-2150 Fax: 306-468-2999

Website: cw.srsdl19.ca Email: vhinson@srsdl19.ca Facebook & Instagram 850 - 1st Street East Box 370 Canwood, SK S0J 0K0

# Mental Health & Community Services in the BIG RIVER, DEBDEN, CANWOOD & SHELLBROOK area

## **BIG RIVER & BRFN**

1. Big River Health Centre (SHA) Mental health & addictions counselling Youth and adult supports Phone: 306-446-6546

2. Evergreen Oasis Counselling (visits BRFN school) Counselling for youth, families, trauma Therapists: Nadine Peterson, Natalie Lanovaz

3. Big River First Nation Health Centre Mental health therapist: Jordon Toto NNADAP addictions: Gloria Rainey Lachance Phone: 306-724-10104. 24/7 Support Lines

> HealthLine 811 988 Suicide & Crisis Line

## CANWOOD

Mental Health & Addictions Canwood Community Clinic
Access to SHA mental health services via referral Cree Nations Treatment Haven (nearby) Indigenous-led addiction treatment centre (residential/outpatient)

Community Services Cree Nations Treatment Haven (for all nearby rural/First Nations residents) Culturally grounded healing, land-based programs 306-468-2077

# DEBDEN

 Mental Health & Addictions
 Outreach from Prince Albert Mental Health & Addictions Services (SHA)
 Counselling for children, youth, adults; psychiatric referrals
 306-765-6055 (PA Intake Line)

Community Services Debden Village Office Can assist with referrals to SHA or community programs

Local Churches/Schools Often provide informal support or referral pathways

## SHELLBROOK

Mental Health & Addictions
 Shellbrook Primary Health Care Clinic (SHA)
 Community mental health & addictions services
 \$ 306-765-6055

Parkland Integrated Health Centre Hospital and urgent care; counselling & psychiatry access 306-747-2603

Family, youth, trauma counselling Tracy Azevedo Counselling - 306-714-7679 Tracy Azevedo Counselling- www.tracyazevedo.com Dr. Lyndsay Foster (Registered Psychologist)-888-531-3660

### AHTAHKAKOOP CREE NATION

Mental Health & Addictions Holistic Wellness Team (Ahtahkakoop Health Centre) Mental health therapists, addictions workers \$ 306-468-2747

NNADAP Services Prevention, education, individual counselling 306-468-2758

Community Services Jordan's Principle Office 306-749-2877 Youth and family services (speech, OT, counselling covered)

#### EXTRA RESOURCES & ONLINE SUPPORTS

Kids Help Phone: 1-800-668-6868 or text 686868 Jordan's Principle: Funding for children's mental health (First Nations) NIHB: Coverage for therapy and travel (First Nations & Inuit) Family Services Saskatchewan: Free short-term counselling BounceBack & MindShift Apps: Free mental health support tools

#### PROVINCIAL & EMERGENCY RESOURCES

HealthLine 811 – Mental health & addictions advice (24/7) 988 Suicide & Crisis Line – National helpline Kids Help Phone – 1-800-668-6868 I Text 686868 Family Services Saskatchewan – Rapid access counselling Online Therapy Unit (U of R) – Free online mental health support: onlinetherapyuser.ca

"NHIB will pay for 10 therapy sessions a year... If they are on reserve they could also reach out to health services available." Many Saskatchewan residents—especially those with Indigenous status—can access limited free counselling via federal programs, including mental health services attached to Residential School survivor designation.

Online tools like BounceBack (CMHA) and MindShift (CBT-based self-help apps) are free and available while awaiting formal appointments

# Summer is ideal for scheduling dental checkups!



If your family qualifies for CDCP, you can likely get free to low-cost checkups, cleanings, fillings, X-rays, sealants, and more—thanks to combined provincial and federal support.

## Canadian Dental Care Plan

Launched in June 2024 children under 18 are eligible Coverage: Includes cleanings, exams, X-rays, fluoride, sealants, fillings, extractions, root canals, dentures, etc. Some services (crowns, major work) may need pre-authorization Eligibility: No private dental insurance. 1 2. Adjusted family net income under \$90,000/year. Filed previous year's tax return. 3.

Canadian resident for tax purposes 4

#### What to do next:

1.Check provincial eligibility: Call 1-888-488-6385 or visit Saskatchewan's Family Health Benefits website.

2. Apply for the CDCP: If your income is under \$90K and you have no private insurance, enroll via Service Canada/Sun Life. 3. Book a summer appointment:

Mention you'll be using Family Health Benefits and/or the CDCP when scheduling.



# Whenever you need to talk, we're open.

1\*800\*668\*6868 Call. 1 800 668 6868

Adult Text. Youth Text.

Chat. KidsHeipPhone.ca



KIDS HELP PHONE

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- and more

Clinic Address. 150-1061 Central Ave ce Albert, 58 (Old Forestry Building)

## The Big 5 (+1) for Mental Health

Research continues to support a handful of basic lifestyle factors that help keep us mentally healthy.

